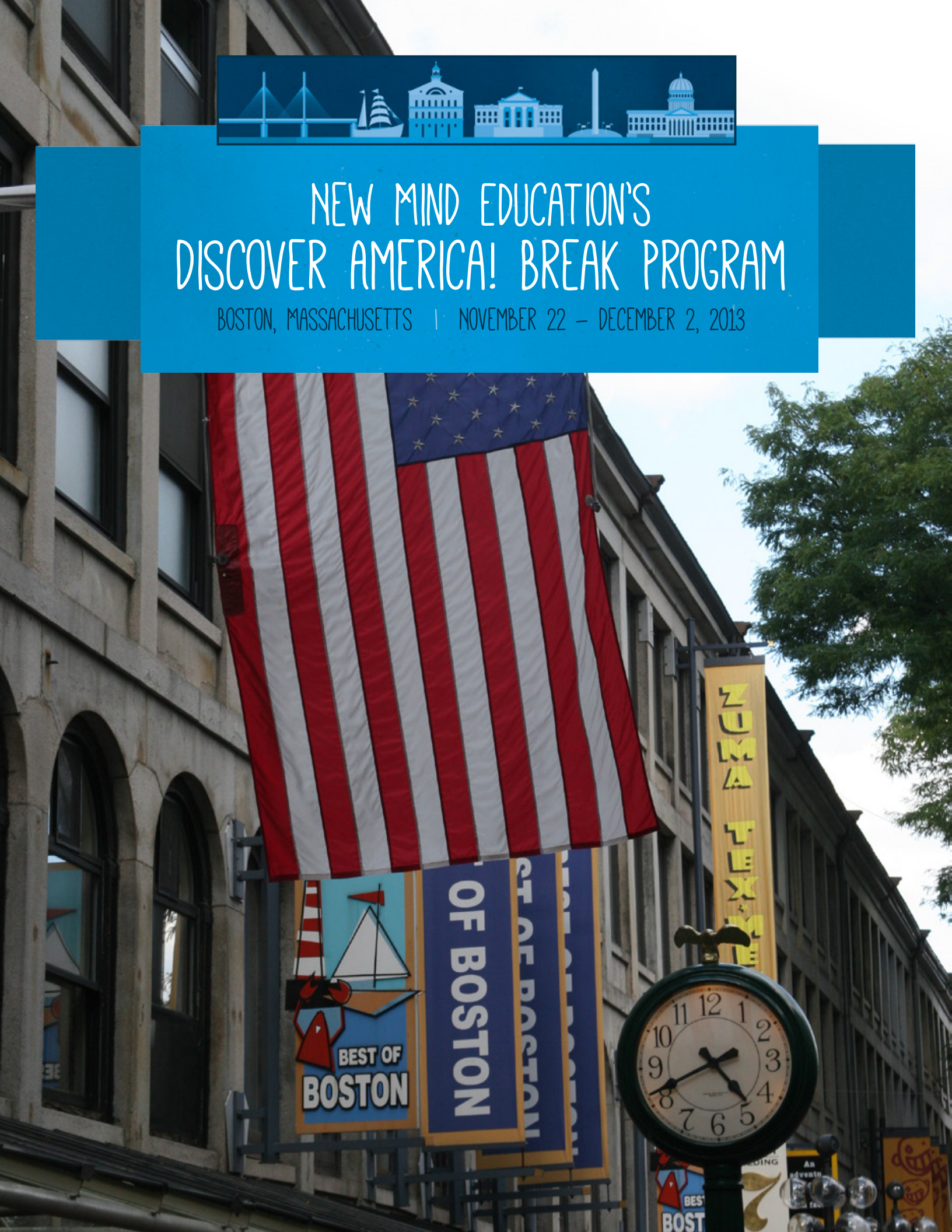




# NEW MIND EDUCATION'S DISCOVER AMERICA! BREAK PROGRAM

BOSTON, MASSACHUSETTS | NOVEMBER 22 – DECEMBER 2, 2013







**Students studying in U.S. boarding schools are invited to join us for a program rich in cultural experiences, fun activities, and new friends!**

## PROGRAM ITINERARY

### Friday, November 22

*Arrive, say hello to fellow international students, and get your first taste of Boston!*  
Welcome to Boston! Discover America! staff will meet you at the train station, bus station or airport and will transfer you safely back to the hostel. After check in at **Hostelling International**, it's time to enjoy your first night on the Discover America! program. You'll get to know students from other schools through fun activities we've planned, and will learn about the New Mind Challenge - our own patented game that uses social media to discover new things about culture. We'll also review the program with you, answer questions, and let you get to bed in time to enjoy a good night's sleep before our first full day!

### Saturday, November 23

*Check out Some of Boston's universities!*  
Breakfast is served each day from 7 a.m. to 10 a.m. After breakfast, we'll head to **Boston University**, an international, comprehensive, private research university, committed to educating students to be reflective, resourceful individuals ready to live, adapt, and lead in an interconnected world. We'll join a campus tour led by a current student, who can share insights on campus life and culture. You will also receive information on admissions and financial aid. After the tour, we'll visit Cambridge, a crossroads of world culture and thought and home to Boston's most famous university - Harvard. **Harvard University** is the oldest institution of higher learning in the United States and today enjoys a reputation as one of the most prestigious universities in the world. We'll get you back to the hostel in time for a little downtime before dinner, and will then enjoy games and conversation.

### Sunday, November 24

*Get a different perspective on the city!*  
After breakfast, we'll head to the **New England Aquarium**, a beautiful structure situated right on the Boston Harbor. You'll discover sharks and balloonfish and sea creatures of all kinds. After our visit and a stop for lunch, we set out on the New England Aquarium **Whale Watch Cruise!** You'll get a different perspective on Boston as we cruise from shore to the open waters, where we'll be on the lookout for the sea's most magnificent and fascinating creatures, including whales, dolphins, sea birds and marine life. We'll return to the hostel in time for a nice rest before dinner. After dinner near the hostel, we'll invite you to share more about yourself and your culture. Has anything surprised you about Boston? How do things in the U.S. compare to life back home?

### Monday, November 25

*Walk where famous people have walked!*  
After breakfast, we'll begin the day in the heart of Boston along the Freedom Trail, a brick-lined route that passes 16 historically-significant sites. We'll take time to visit:

- **Boston Common**, the oldest park in the United States
- **Old State House**, built in 1713
- **Kings Chapel and Burying Ground**, the oldest burying ground in Boston proper and final resting place for interesting people such as Mary Chilton, the first woman to step off the Mayflower



We'll have lunch while we're out and you'll even have time to pick up a few souvenirs. We'll end the afternoon at **Faneuil Hall**, a marketplace and meeting hall since 1742, where famous men such as Samuel Adams gave many speeches. You'll enjoy seeing the 75 feet high Christmas tree adorned in 300,000 lights! After our scenic walking tour, it's time to rest and relax at the hostel before dinner. We'll have dinner in **Chinatown** and will return to the hostel to initiate the New Mind Challenge and share photos and comments from the first few days of the program.

### Tuesday, November 26

*Learn who runs the state!*  
Today we get to meet a few important leaders of the State of Massachusetts! After breakfast we'll make our way to the new **Massachusetts State House** for a tour and to learn more about the U.S. system of government. You'll have the opportunity to meet members of the state house. After lunch, we'll take in more of Boston's historic places, including the **Paul Revere House**, built in 1680 and home to the famous silversmith during the American Revolution, and the **Old North Church**, built in 1775. After an afternoon rest, we'll enjoy dinner near the hostel and games at the hostel.

### Wednesday, November 27

*Give back!*  
Today we learn about the importance of volunteerism in the United States, or what we simply refer to as "giving back." We have arranged for you to volunteer at the **Greater Boston Food Bank**, which has a simple mission to end hunger in Boston. The food bank delivers 41 million pounds of food each year to more than 545,000 people. You will become a valuable part of their mission by helping to inspect, sort and package food. This will be an important period for the food bank, since Thanksgiving Day is a time when many people contribute to food banks and other nonprofit organizations to help them provide for needy families. After our time at the food bank, you can rest at the hostel until time for dinner. Afterwards, it's time again for the New Mind Challenge!

### Thursday, November 28

*Celebrate a true American holiday!*  
Today we celebrate **Thanksgiving Day**, a time to offer thanks and to commemorate the first Thanksgiving meal in 1621 between the Pilgrims and the American Indians. We'll enjoy a traditional Thanksgiving meal later in the afternoon with turkey and all the accompaniments, but first we'll set out early for **Plimoth Plantation**, an engaging and experiential outdoor and indoor learning environment that tells the story of the first English settlers (Pilgrims) and their relationship with native American Indians. We'll return to the hostel in time to enjoy apple cider and our Thanksgiving feast! We'll also have a chance to discuss traditions around this American holiday and will enjoy games and fun in the evening.







## Friday, November 29

*Shop 'til you drop!*

On the day after Thanksgiving, Americans like to go shopping. This day, known as **Black Friday**, is the start of the Christmas shopping season. For diehard shoppers, we'll get up early with you and head to the stores before the sun rises! If you're not that excited about shopping, we'll go later in the day. If shopping isn't your thing, you may choose to visit the **USS Constitution**, the world's oldest commissioned warship afloat, followed by a tour of Boston's famous **Fenway Park**, "America's most beloved ballpark" and home to the Red Sox. We'll enjoy lunch out for both options, and will gather back at the hostel in the afternoon for rest, dinner, and evening activities.

## Saturday, November 30

*Visit famous Salem, Massachusetts!*

After breakfast this morning, we'll head to Salem, Massachusetts, site of the infamous Salem witchcraft trials of 1692. Salem is also the backdrop for Arthur Miller's play "The Crucible." We'll visit the **House of the Seven Gables**, the Nathaniel Hawthorne House (author of *The Scarlet Letter*), and the **Salem Witch Museum**. Lunch in town. You'll discover that Salem is about much more than witches, however, including seaside gardens, waterfront views, and a rich maritime history. Rest time back at the hostel followed by dinner. Tonight we'll take the time to share photos and posts as part of The New Mind Challenge and again enjoy one another's views on culture!



## Sunday, December 1

*A frolicking good time!*

After breakfast, we'll make our way into town to take part in the **Boston TV & Movie Sites Tour**. You'll see where scenes were filmed from such famous movies as *Good Will Hunting* and *Mystic River*. After lunch, we'll head back to the hostel for an afternoon rest followed by dinner and discussion on the day's activities and our final New Mind Challenge, where we'll announce the winners!

## Monday, December 2

*End your trip on a high note!*

The day has come to say so long! While we'll be sad to see you go, we'll make sure you enjoy a nice breakfast and will then get you on time to the train station, bus station or airport so you can be on your way back to campus. We'll see you on the next program!



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<http://newmindedu.com/discover/apply/>

